

# ACTIVE NEWS

AUGUST EDITION 2024

u3a  
Christchurch

# LONDON MUSIC

*When a man is tired of London he is tired of life  
for there is in London all that life can afford*

Samuel Johnson

Come and enjoy listening and watching the music of the many, many classical composers who lived in or visited London. The list will amaze you. Starting with Purcell, then in no particular order, Handel, Haydn, Mendelssohn, Elgar, Wagner, Chopin, Liszt, Rachmaninov, Holst, Coates, Faure and many more. We shall include many operas as well as famous recordings from the past and there is no need to be an expert.

Starting Tuesday 17 September 10 to 12 noon, then fortnightly

More information from Rosemary—[ramccull@gmail.com](mailto:ramccull@gmail.com)



## Out of hours Group

Social activities indoors and outdoors – evenings and weekends. Full programme of events available by emailing the group leader. [Outofhourschristchurchu3a@gmail.com](mailto:Outofhourschristchurchu3a@gmail.com)

## Heather Dempsey – Christchurch u3a member says:

A free event is being organised by the Patient Participation Group at Highcliffe surgery. I am on the committee of this group and heard Professor Middleton talk last April in Bournemouth. There were over 200 people in the audience with plenty of opportunities for Q&A. There is no need to register in advance.

**Further details are on page 2 of this newsletter.**

Deadline for September issue of Active News to Rosemary is 23 August  
[ramccull@gmail.com](mailto:ramccull@gmail.com)

# Hips: How to avoid surgery



## Professor Robert Middleton

Orthopaedic surgeon and head of the Orthopaedic Research Institute, Bournemouth University

St Mark's Church, Highcliffe

**Wednesday 2nd October**

**2.00pm Doors open at 1.30pm**

Bus route X1, X2. Lord Bute bus stop.

Disabled parking near to the Church.

**It's Good to Laugh**

**Little birdie flying by**

**Dropped a message from on high**

**Angry Farmer wiping his eye**

**"Damned good thing that cows don't fly"**

